

~ 2019 Prayer & Fasting ~

Start Early

God's Purpose in our fasting and prayer is to prepare a place in our lives for Him to inhabit...

The principle of biblical fasting involves more than food. In the true sense it means "separation". Words like "sanctify" and "holy" are used to describe what happens to a vessel that is separated.

Fasting is the practice of separating ourselves from distracting influences. That can involve food, but in today's world it has to involve "coming away" from all the "voices" that crowd into our lives.

Once separated, then God has our full attention. Jesus said our prayer life should be like going into a closet, then "shutting the door". This is fasting.

Next, Jesus said, "He will reward you openly". So, prayer is shown as collaboration with God. Through separation, He impresses on us His desires, which is of course His will.

Then, our needs should be presented to Him in the form of a petition, which is a formal request based on promise He has made in His Will, the New Testament. Our requests must be based on scripture.

Then, once we have let our desires be known to God, Jesus said, "Believe you have received them...". Faith is the substance of things hoped for, the evidence of things not seen.

We then, keep our faith active by confessing the promises we believe we have received.

Prayer List

1. I Timothy 2:1-2 First of all...

- Prayers, intercessions:
 - All mankind, nations of the world
 - All that are in authority, government officials, kings, judges, etc.

2. Ephesians 6:18 all saints...

- Prayers, intercessions:
 - All saints, the Body of Christ worldwide
 - The church in America
 - The church in Richmond, VA

3. Ephesians 1:15-16 those among you...

- Prayers, intercessions:
 - All FLM members
 - All FLM leadership, pastors, staff, department heads, workers

4. II Corinthians 10:16 beyond you...

- Prayers, intercessions:
 - The mission of the church
 - effectively reach the unreached

5. Acts 1:8 unto the uttermost...

- Prayers, intercessions:
 - The mission of FLM
 - All outreach, local and abroad of FLM
 - Bible school, churches, day school

JANUARY 2019 READING SCHEDULE

January 1	Matthew 1-5	January 17	John 13-17
January 2	Matthew 6-10	January 18	John 18-21 Acts 1
January 3	Matthew 11-15	January 19	Acts 2-6
January 4	Matthew 16-20	January 20	Acts 7-11
January 5	Matthew 21-25	January 21	Acts 12-16
January 6	Matthew 26-28 Mark 1-2	January 22	Acts 17-21
January 7	Mark 3-7	January 23	Acts 22-26
January 8	Mark 8-12	January 24	Acts 27-28 Romans 1-3
January 9	Mark 13-16 Luke 1	January 25	Romans 4-8
January 10	Luke 2-6	January 26	Romans 9-13
January 11	Luke 7-11	January 27	Romans 14-16 1 Cor. 1-2
January 12	Luke 12-16	January 28	1 Cor. 3-7
January 13	Luke 17-21	January 29	1 Cor. 8-12
January 14	Luke 22-24 John 1-2	January 30	1 Cor. 13-16 2 Cor. 1
January 15	John 3-7	January 31	2 Cor. 2-6
January 16	John 8-12		

Challenge Reminder:

Read five chapters in the Word and pray in tongues for 30 minutes.

"Likewise the Spirit also helps our weaknesses. For we do not know what we should pray for as we ought, but the Spirit HIMSELF makes intercession for us with groanings which cannot be uttered. Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God."

(Romans 8:26-27)

Faith Landmarks Ministries

(804) 262-7104 | www.faithlandmarks.org